

# Free Training on Digital Specialized Skills and Sports to Schools in FCT

*in conjunction with*



# sohk

SCHOOL OF HARD KNOCKS

THE FUTURE SCHOOL





THE FUTURE SCHOOL

# Building The Future School.

At School of Hardknocks, we support people wherever and however they want to learn, so they can achieve their learning goals and uncover new possibilities.

Today, we seek to focus on the kids in-school and out of school, in more ways than ever.

And we're just getting started!

# Table of Contents

Letter from the CEO .....	1
Our Core Values .....	2
SOHK Factsheet .....	3
Approved Pilot Schools .....	4
<b>Course Contents For Schools .....</b>	<b>5 - 19</b>
Drone Technology .....	5 - 7
Cyber Security & Cyber Defence .....	8 - 9
Artificial Intelligence and Robotics .....	11 - 12
Blockchain & Cryptocurrency.....	13- 14
Technology For Social Good .....	15 - 19
<b>Our Team .....</b>	<b>20 - 27</b>
CEO / Founder .....	20
Subject Matter Experts .....	20 - 23
Coaches .....	24 - 25
Secretariat .....	26 - 27
<b>Donations / Sponsorship</b>	

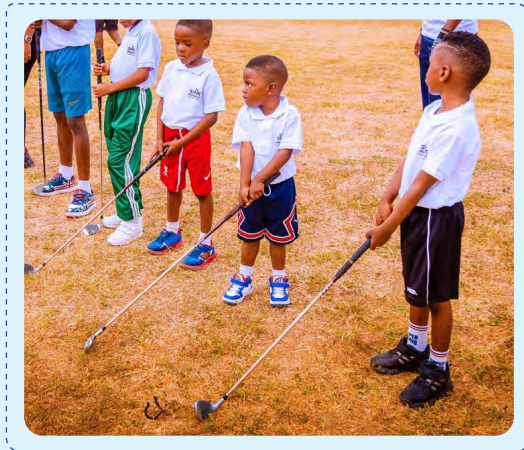


**THE FUTURE SCHOOL**

The Pilot School Program is in conjunction with the Secondary Education Board (SEB), and the Universal Basic Education Board (UBEB)  
Parents or Guardians are at liberty to go through this brochure, and willingly sign the indemnity forms, to enable your child/ward participate.  
For more enquires, call +2349088559001 or +2349088559002. Alternatively, you can send a whatsapp message to +2349088559003.



Junior software development hackathon for kids. Built to sharpen the love of programming and coding at SOHK



The Kids at SOHK visits the prestigious IBB Golf and Country Club



Literary Debate and Spelling Bee program. This program was coordinated to build capacity and capability



Taekwondo Training session for Kids at SOHK



During trainings, kids are allowed to freely exercise themselves to help strengthen the mind and thinking ability



The kids were taught to cultivate technical skills acquisition and development

# Skills, not Degree

A message from the CEO



I am concerned when I see young and intelligent minds go through nursery, primary, junior secondary, senior secondary schools, and universities but come out without relevant skills and struggle to find jobs. We often use the excuse "no jobs" to cover up our lack of relevant skills needed by present-day work demands. Instead of focusing on developing relevant skills, our education system favors those who perform well based on their teachers' understanding of a particular field. This neglects emotionally intelligent individuals with relevant skills.

I wonder why our education system always favors those who score well on tests or exams and doesn't show enough interest in those with relevant skills who could transform the world with their talents. Unfortunately, we often label those with relevant skills or transformative ideas as "dropouts" because we fail to help them rise beyond our narrow view of success. It is important to ask ourselves how many of these "dropouts" we know who are thriving in the real world.

To bridge this gap, we are extending the School of Hard Knocks to 15 schools in Abuja. This will allow for the evolution of talents and ideas across Nigeria, using these schools as a pilot phase. It is essential to remind students and youths of the importance of acquiring relevant skills in the 21st century.

## Preamble

This is an initiative of TAC Africa, helping youths in selected Government Schools within FCT to develop relevant digital skill sets. This initiative will no doubt provide mentoring and coaching opportunities to these young ones, which will help shape their future, providing immense benefits to individual students, parents and the society at large. Find more info at [www.tacafrica.org](http://www.tacafrica.org)

## Methodology

This program will be extended to 15 Government Schools (i.e five Primary schools, five Junior Secondary Schools and five Senior Secondary Schools) in which fifteen boys and fifteen girls, a total of 30 students in each school will be selected for the training. Over the next few years, more schools and states will be absorbed into the program in order to have a wider reach.

## Our Core Values

Our core Values are what drives us to excellence; they are intrinsic to who we are and what we represent. They are principles we adhere to because they drive our missions and goals. They include Commitment, Determination, Innovation and Passion.

### Commitment

It is a strong indicator of self-discipline, resilience and persistence despite all odds. This core value demonstrates our conviction to stay true to our course of action and commit wholeheartedly to our goals and objectives on more than just a symbolic level, but with great depth and zeal.

### Determination

In an organization such as ours, determination is a value necessary for accomplishing our various goals and objectives. It produces qualities such as perseverance towards achieving major milestones and ensuring a project is successfully brought to birth.

### Innovation

It requires creativity to identify a niche and to explore uncommon areas. Creativity is the foundation of Innovation and from it, we iterate, adapt and generate new ideas. This is crucial to what we do and what we represent at SOHK Nigeria.

### Passion

It is often said that Passion is energy; an impact is made when there is Passion. It is a value that ensures the completion of goals and this is why it forms an integral part of our core values because it is not just enough to ideate or conceive, the real deal lies in bringing the idea to fruition.

---

## Our Vision Statement

Our Vision is to be the first project in Africa to rehabilitate Nigerian youths by harnessing sports, life skills coaching and mentoring, digital technologies and innovation to transform and reorient their minds, with a long term goal of building partnerships between urban and rural communities and bridging the digital divide and advance gender equality.

## Our Expectations

Over the next few years, we expect that through this project, we will be able to achieve genuine transformation from our mentoring programs through expert Sports facilitators and Consultants which will bridge the gap in the areas of mental health problems, poor access to standard sporting and fitness facilities and lack of access to digital connectivity. We strongly believe that this will greatly enhance productivity in human resources output and mental health development across Nigeria.

# SOHK Factsheet

An initiative of TAC Africa



MOTTO: To promote and build young leaders for global preparedness through sports and digital specialized skills.

“There is nothing outside of yourself that can ever enable you to get better, stronger, richer, quicker or smarter.

- Miyamoto Musashi



## About us

SOHK is a mind re-orientation school that uses recreational events, talent discovery, and sports-based activities to transform the Psyche, Mind, and well-being of individuals.

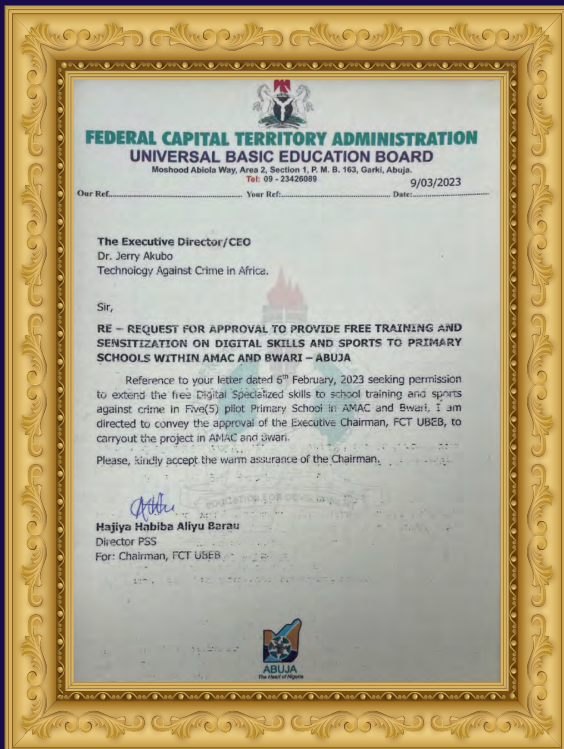
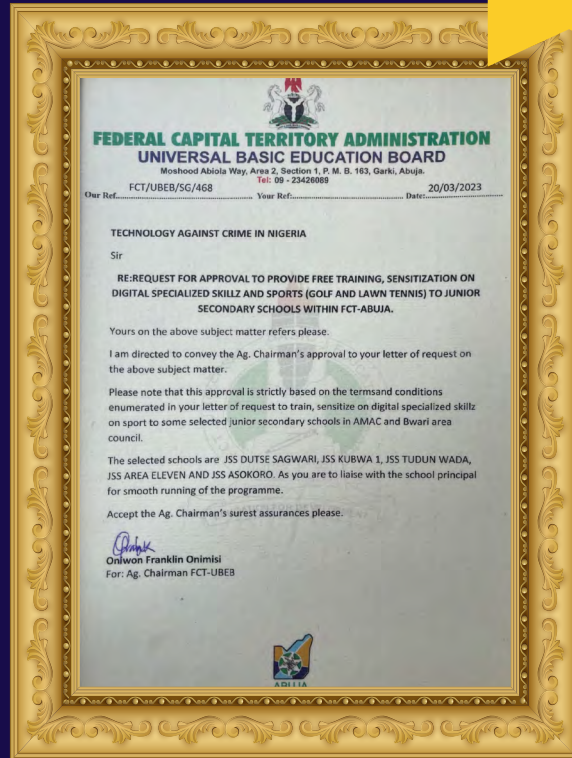
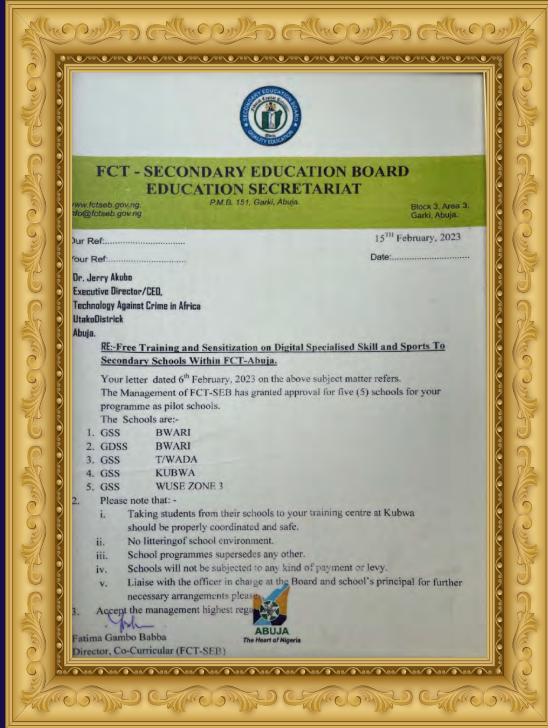
Our targets are in-school children, out-of-school children, artisans, and persons exposed to, or afflicted by trauma, drug abuse, depression, etc. Hinged under the auspices of Technology Against Crime in Africa, SOHK brings together local and global subject matter experts, with a focus to minimize and solve social vices, challenges, and neglect within the community.

Our services are offered through curriculum-based structure, rehabilitation, mentoring, coaching, youth capacity development, specialized digital skills training, and mental capacity empowerment.

# OUR PILOT SCHOOLS



CERTIFIED & APPROVED



## Approved Schools

- CHIKAKORE PRIMARY SCHOOL, KUBWA
- LEA PRIMARY SCHOOL, PHASE 4 KUBWA
- LEA PRIMARY SCHOOL, NYANYA 1
- LEA PRIMARY SCHOOL, FESTIVAL ROAD, AREA 10
- LEA PRIMARY SCHOOL, SAUKA, AIRPORT ROAD
- JSS DUTSE SAGWARI
- JSS KUBWA 1
- JSS ASOKORO
- JSS AREA 11
- JSS TUDUN WADA
- GSS BWARI
- GDSS BWARI
- GSS KUBWA
- GSS WUSE ZONE 3
- GSS TUDUN WADA

This page shows the list of pilot schools approved by UBEB and SEB to benefit from the first phase of the Free Training.



# COURSE CONTENTS FOR SCHOOLS

## DRONE TECHNOLOGY

Drones are aircraft powered and controlled by computer technology, which means that it doesn't need a pilot to fly them. It is also called a UAV (Unmanned Aerial Vehicle).

Drones are constantly transforming and over the next decade, they will change in ways you likely never imagined. It is in line with the above that TAC Africa through the School Of HardKnocks is pioneering this training program and presenting it to primary and secondary school students who are the leaders of tomorrow.

### Our Work in this Space

- ▶ Drone Education and Research
- ▶ Drone Regulations and Licensing
- ▶ Drone Incubation
- ▶ Supply Chain of Drones
- ▶ Drone Safety Alliance

### Our Stakeholders

- ▶ The Institute for Drone Technology (Australia)
- ▶ Nigeria Flying Labs (Nigeria)
- ▶ Garuda Robotics (Singapore)
- ▶ Drone Alert (Spain)
- ▶ Cyber Peace Foundation (India)

### Ongoing Projects in this domain

- ▶ Drone Safety Initiative
- ▶ Drone training to schools in FCT





## PROPOSED DRONE COURSE OUTLINE FOR PRIMARY SCHOOLS

### 1. Introduction to Drones

- ▶ What are Drones?
- ▶ History of Drones
- ▶ Components of a Drone

### 2. Operating a Drone

- ▶ Basic Drone Operations
- ▶ Pre-flight checks
- ▶ Flight modes and controls
- ▶ Landing and recovery

### 3. Safety & Regulations

- ▶ Safe Drone Operation
- ▶ Regulations and restrictions
- ▶ Privacy concerns

### 4. Drone Activities

- ▶ Drone Racing
- ▶ Obstacle courses
- ▶ Aerial photography and video capture
- ▶ Mapping and Navigation

### 5. Drone Maintenance

- ▶ Method of Drone Inspection
- ▶ Charging the Battery
- ▶ Cleaning the Drone storage
- ▶ Maintenance resources and standards

### 6. Drone Terminology

- ▶ UAV – Unmanned Aerial Vehicle
- ▶ UAS – Unmanned Aircraft System
- ▶ Multirotor – Drone with more than one rotor
- ▶ Tricopter – A multirotor Drone with 3 Motors
- ▶ RPAS – Remotely Piloted Aircraft System
- ▶ RPV – Remotely Piloted Vehicle
- ▶ ROA – Remotely Operated Aircraft



## PROPOSED DRONE COURSE OUTLINE FOR JUNIOR SECONDARY SCHOOL

### 1. Introduction to Drones

- ▶ Agriculture and farming
- ▶ Filmmaking and photography
- ▶ Environmental monitoring

### 2. Career Opportunities

- ▶ Jobs in the Drone Industry
- ▶ Entrepreneurship and Drone startups
- ▶ Drone-related fields of study

### 3. Basic Flight Principles

- ▶ Fundamentals of Flight
- ▶ Aerodynamics
- ▶ Application and Operations
- ▶ Take off flight & landing

### 4. Drone Flight & Operation

- ▶ Concept of operation for Drones
- ▶ Flight modes
- ▶ Operating a drone in a controlled Environment

### 5. Drone Accessories

- ▶ Sensors
- ▶ Onboard storage capacity
- ▶ Removable storage devices
- ▶ Linked mobile devices and application

### 6. Drone Design

- ▶ Classifications of the UAV
- ▶ Overview of the Main Drone Parts
- ▶ Technical Characteristics of the Parts
- ▶ Function of the Component Parts
- ▶ Assembling a Drone
- ▶ The Energy Sources
- ▶ Level of Autonomy



## PROPOSED DRONE COURSE OUTLINE FOR SENIOR SECONDARY SCHOOL

### 1. Introduction to Drones

- ▶ Drone Concept
- ▶ Vocabulary Terminology
- ▶ History of Drones

### 2. Pre-Flight Introductions

- ▶ Airspace (App: UA Sidekick)
- ▶ Weather (App: UAV Forecast)
- ▶ Intro to Flight Software & Hardware
- ▶ Powering on and calibrating the compass
- ▶ Take-off and Hover Test
- ▶ Basic Stick Control & Flight exercises
- ▶ Flight Review

### 3. Take-Off Checklist

- ▶ Pre-flight checklist and Inspection
- ▶ Powering up and using the app
- ▶ Basic Compass Calibration
- ▶ Introduction to the DJI Go 4 app
- ▶ 'Return to Home' and how it works
- ▶ Taking off and Hovering
- ▶ Pitch and Roll, Thrust and Yaw

### 4. Drone Design & Construction

- ▶ Building a Drone
- ▶ Programming a Drone
- ▶ Troubleshooting and maintenance

### 5. Drone Programming

- ▶ Drone Configurations
- ▶ The methods of Programming a Drone
- ▶ Installation of Programs on a Computer
- ▶ Multirotor stabilization

# CYBER SECURITY

The emergence of the internet has no doubt improved the way we live, work, socialize and transact business to a great extent, but cyber criminals are taking advantage of the opportunity created by the internet to launch an attack on internet users through the use of ransomware, viruses, Trojans etc.

This training will help students to protect their hardware, software and data from cyber threats.

## Our Work in this Space

- ▶ Ethical AI
- ▶ AI for Justice
- ▶ AI for Social Good
- ▶ Policy and Strategy on Artificial Intelligence
- ▶ Research and Innovation in policing

## Our Stakeholders

- ▶ UNICRI
- ▶ Africa Cyber Defense Forum (Kenya)
- ▶ Cyber Peace Foundation (India)
- ▶ Nigeria Flying Labs (Nigeria)
- ▶ Garuda Robotics (Singapore)

## Ongoing Projects in this domain

- ▶ Cyber Peace Corps
- ▶ Project Chakrerview
- ▶ Cyber Security Handbook for Primary & Junior Secondary School
- ▶ Cyber Security Handbook for Senior Secondary Schools & Tertiary Institution





## PROPOSED CYBER SECURITY COURSE OUTLINE FOR PRIMARY SCHOOLS

### 1. Introduction to Cybersecurity

- ▶ Defining Cybersecurity
- ▶ Importance of Cybersecurity
- ▶ Identifying and avoiding online threats

### 2. Cyber Security Tips

- ▶ Introduction to strong passwords
- ▶ Keep personal information secret
- ▶ Being careful with strangers online

### 3. Keeping a Good Online Profile

- ▶ Understanding the permanence of online posts and comments
- ▶ Discussing the impact of digital footprints
- ▶ Encouraging open communication with trusted adults about online interactions.

### 4. Cyber Bullying

- ▶ Understanding Cyber bullying
- ▶ Reporting cyber bullying incidents
- ▶ The importance of empathy



## PROPOSED CYBER SECURITY COURSE OUTLINE FOR JUNIOR SECONDARY SCHOOL

### 1. Introduction

- ▶ Defining Cybersecurity
- ▶ The importance of Cybersecurity and staying safe online
- ▶ Exploring the digital world: Devices, networks and the Internet

### 2. Personal Security Shields

- ▶ Building strong passwords and protecting them
- ▶ Recognizing phishing scams and tricks
- ▶ Securing personal information online.

### 3. Safe Surfing Strategies

- ▶ Identifying safe websites and avoiding malicious ones
- ▶ Staying away from online scams and fraudulent activities
- ▶ Recognizing and dealing with cyberbullies
- ▶ Controlling privacy settings on social media platforms

### 4. App Armour

- ▶ Understanding app permissions and their implications
- ▶ Downloading apps from trusted sources
- ▶ Recognizing fake apps and malware



## PROPOSED CYBER SECURITY COURSE OUTLINE FOR SENIOR SECONDARY SCHOOLS

### 1. Introduction

- ▶ Learning the basics of cybersecurity
- ▶ Identifying common online threats
- ▶ Exploring the importance of digital privacy and security

### 2. The Power of Passwords

- ▶ Creating strong passwords
- ▶ Recognizing password vulnerabilities
- ▶ Implementing two-factor authentication

### 3. Securing Social Media

- ▶ Recognizing social media risks
- ▶ Safeguarding personal information
- ▶ Identifying and handling online bullying and harassment

### 4. Cyber Hygiene

- ▶ Maintaining a clean and secure digital environment
- ▶ Recognizing and avoiding phishing scams
- ▶ Updating software and operating systems

## AI & ROBOTICS TRAINING

Artificial Intelligence, or 'AI' is the ability for a computer to think and learn. With AI, Computers can perform tasks that are typically done by people, including processing language, problem solving and learning. AI aid robots in seeing, walking, speaking, smelling and moving in progressive human like manner.

### Our Work in this Space

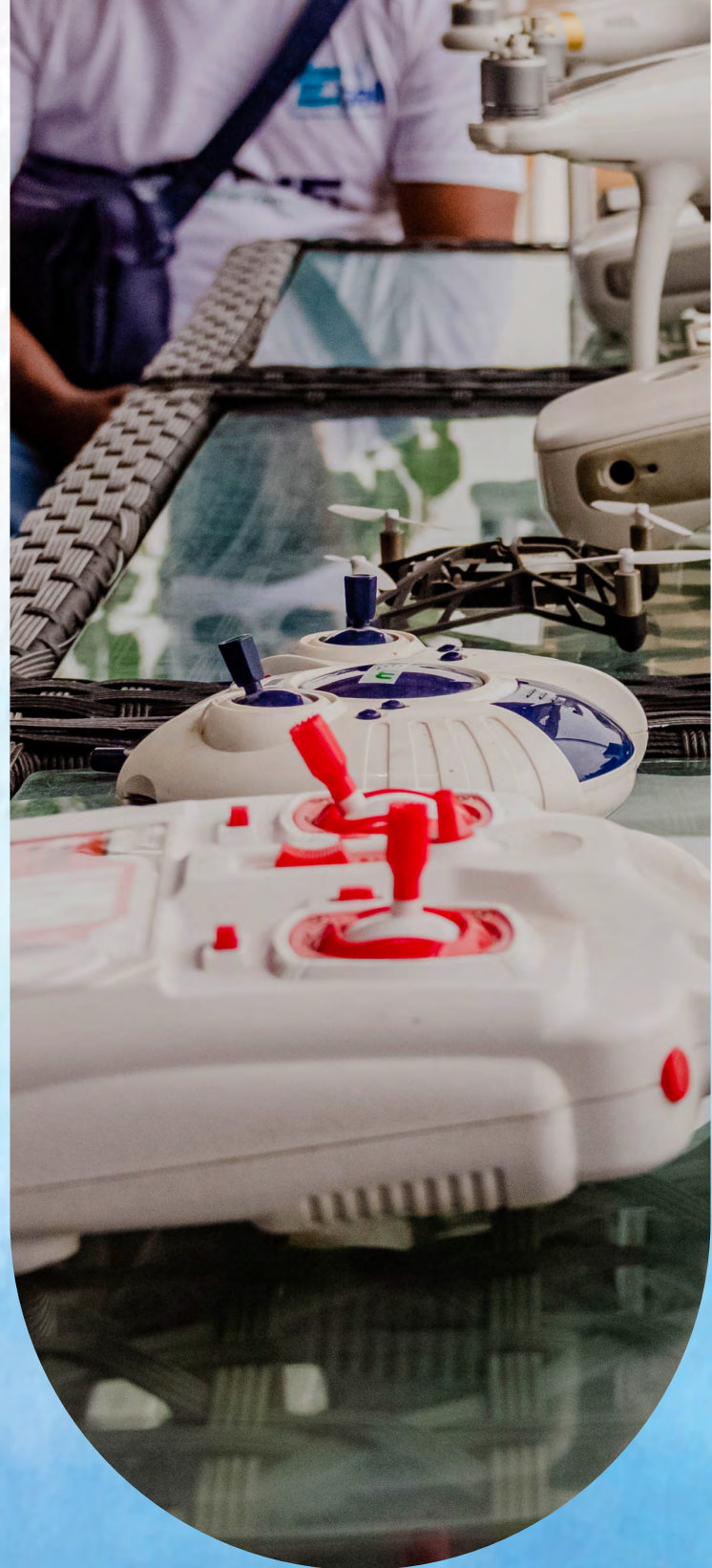
- ▶ Ethical AI
- ▶ AI for Justice
- ▶ AI for Social Good
- ▶ Policy and Strategy on Artificial Intelligence
- ▶ Research and Innovation in Policing

### Our Stakeholders

- ▶ UNICRI
- ▶ Africa Cyber Defense Forum (Kenya)
- ▶ Cyber Peace Foundation (India)
- ▶ Nigeria Flying Labs (Nigeria)
- ▶ Garuda Robotics (Singapore)

### Ongoing Projects in this domain

- ▶ AI for Social Good
- ▶ AI Cyber Criminal Detection and Archival
- ▶ Deep Dark Web Crawler Project





## PROPOSED AI & ROBOTICS COURSE OUTLINE FOR PRIMARY SCHOOLS

### 1. Introduction to Drones

- ▶ Definition of Human Intelligence
- ▶ Definition of Artificial Intelligence
- ▶ Exploring the Advantages and Applications of Artificial Intelligence

### 2. Operating a Drone

- ▶ Introduction to Programming and PictoBlox
- ▶ Getting familiar with Pictoblox's interface
- ▶ Making a walking animation in PictoBlox

### 3. Safety & Regulations

- ▶ Understanding Human Vision
- ▶ Understanding how Face Recognition and Detection works
- ▶ Use of face detection blocks in PictoBlox to identify features such as emotion, face position etc



## PROPOSED AI & ROBOTICS COURSE OUTLINE FOR JUNIOR SECONDARY SCHOOLS

### 1. Introduction to Drones

- ▶ Components of AI
- ▶ Types of AI
- ▶ Applications of AI

### 2. Career Opportunities

- ▶ Definition of OCR
- ▶ How to recognize text from an image
- ▶ Understanding the functionality of OCR blocks of PictoBlox

### 3. Career Opportunities

- ▶ How Speech recognition works
- ▶ Using Speech recognition blocks in PictoBlox

## 4. Introduction to Machine Learning

- ▶ Machine learning and human learning
- ▶ Studying how machine learning cycle works
- ▶ Making ML models using the image in Teachable Machine
- ▶ Use of ML models in PictoBlox to make ML Projects



## PROPOSED AI & ROBOTICS COURSE OUTLINE FOR SENIOR SECONDARY SCHOOLS

### 1. General Overview of AI

- ▶ Understanding the concept of AI
- ▶ Practical application of AI
- ▶ Career opportunities in AI and Robotics

### 2. AI Based Games

- ▶ How to make AI based games
- ▶ Making a Rock Paper Scissors Games

### 3. Pose Classifier

- ▶ How to detect pose from an image
- ▶ Building a pose model in teachable machines to classify different poses.
- ▶ Using pose blocks in Pictoblox to make ML Projects.

### 4. Ethics in AI

- ▶ Introduction to Ethics in AI
- ▶ Importance of AI Ethics
- ▶ Training a false model

### 5. Practicals and Projects

- ▶ Application of all the concepts they have learned
- ▶ Making a project to solve a real-world problem of their choice.

# BLOCKCHAIN AND CRYPTO TRAINING

Simply put, blockchain is a shared ledger that facilitates the process of recording transactions and tracking assets in a business network. With the growing number of individuals using the internet for business transaction, meeting, learning, gaming etc, the need to have a shared database cannot be overemphasized.

## Our Work in this Space

- ▶ Block Chain Regulation and Legal Issues
- ▶ Block Chain Against Corruption
- ▶ Practical Use of Block Chain Tokenomics
- ▶ Crypto Currency Forensics & Investigation Methodology
- ▶ Block Chain Education and Research

## Our Stakeholders

- ▶ A & D Forensics
- ▶ - Block Chain Council
- ▶ - African Block Chain User Group
- ▶ - Cryptocurrency User Council
- ▶ - Block Chain Awareness Hub
- ▶ - Cryptocurrency Learning Infrastructure

## Ongoing Projects in this domain

- ▶ AI for Social Good
- ▶ - AI Cyber Criminal Detection and Archival
- ▶ - Deep Dark Web Crawler Project







# BLOCKCHAIN AND CRYPTO TRAINING



## PROPOSED BLOCKCHAIN COURSE OUTLINE FOR PRIMARY SCHOOLS

- ▶ Introduction to money and its uses.
- ▶ What is Blockchain?
- ▶ Exploring the concept of digital currency
- ▶ Understanding how Blockchain works
- ▶ Introduction to cryptocurrencies (e.g Bitcoin)
- ▶ Benefits and potential uses of cryptocurrencies
- ▶ Basic Security practices for using digital currency
- ▶ Fun activities and games related to Blockchain



## PROPOSED BLOCKCHAIN COURSE OUTLINE FOR JUNIOR SECONDARY SCHOOLS

- ▶ Review of basic concepts: Money, digital currency, Blockchain etc
- ▶ How Blockchain ensures security and transparency
- ▶ Different types of cryptocurrencies and their features
- ▶ Exploring popular cryptocurrencies (e.g Bitcoin, Ethereum)
- ▶ The role of miners in the cryptocurrency ecosystem
- ▶ Smart contracts and their applications
- ▶ Cryptocurrency wallets and their usage
- ▶ Introduction to decentralized Finance (DeFi)



## PROPOSED BLOCKCHAIN COURSE OUTLINE FOR SENIOR SECONDARY SCHOOLS

- ▶ Advanced understanding of Blockchain and its components
- ▶ Exploring alternative consensus mechanisms (e.g POS)
- ▶ Privacy and anonymity in cryptocurrencies
- ▶ Cryptocurrency exchanges and trading strategies
- ▶ Blockchain applications beyond finance
- ▶ Ethereum and its ecosystem: DApps, tokens and ICOs
- ▶ NFTs (Non Fungible Tokens) and their significance
- ▶ Challenges and future prospects of Blockchain Technology

## TECHNOLOGY FOR SOCIAL GOOD

Technology for social good provides a way for everyone to access or use technology in an open, cost efficient, and sustainable way.

Under this section, we have the options of different sporting activities for kids such as golf, tennis, chess, taekwondo and even mentorship/coaching opportunities which we strongly believe will help shape the values of these children, as well as inform them of career opportunities in these areas.

### Our Work in this Space

- ▶ Sporting Activities (Tennis Training, Taekwondo session, Chess training etc)
- ▶ Technology Clubs
- ▶ Mentoring and Coaching Sessions
- ▶ Relaxation and Events
- ▶ Office on the go

### Our Stakeholders

- ▶ Open Air Gym
- ▶ Nigeria Flying Labs
- ▶ Garuda Robotics

### Ongoing Projects in this domain

- ▶ Lawn Tennis Tournament
- ▶ Chess Tournament
- ▶ Taekwondo Training
- ▶ Swimming Competition
- ▶ Scrabble and Word Games
- ▶ Coaching/Mentorship and public speaking
- ▶ Golf Training



# TAEKWANDO TRAINING



## PROPOSED COMBINED TAEKWONDO COURSE OUTLINE

- ▶ Introduction to Taekwondo
- ▶ Introduction to major body parts.
- ▶ Introduction to basic (Kibon)
- ▶ Basic application to Basic (Kibon)
- ▶ Introduction to basic (Kibon Chaggi)
- ▶ Introduction to Stance (Sohgi)
- ▶ Basic application of leg technique
- ▶ Introduction to forms (poomse)
- ▶ Practice of basic forms
- ▶ Introduction to Sparring (Kyoruggy) Breaking (kyopka)
- ▶ Working techniques combination
- ▶ Review Assessment & grade



# LAWN TENNIS TRAINING



## PROPOSED COMBINED LAWN TENNIS COURSE OUTLINE

### 1. Introduction to Tennis

- ▶ Growing population of tennis participation
- ▶ Tennis Game sense Approach
- ▶ Tennis Equipment and Dimensions

### 2. Racket Grip / Bouncing

- ▶ Types of Services and Service return skills

### 3. Ground Strokes

- ▶ Posture, Footwork and Recovery Position of Ground Stroke

### 4. Forehand

- ▶ Posture, Grip, and Footwork

### 5. Backhand

- ▶ Posture, Grip, and Footwork

### 6. Slice

- ▶ Posture, Grip, and Footwork

### 7. Top Spin

- ▶ Posture, Grip, and Footwork



# GOLF TRAINING



## PROPOSED COMBINED GOLF COURSE OUTLINE FOR PRIMARY SCHOOLS, JUNIOR AND SENIOR SECONDARY SCHOOLS

### 1. Golf Swing Techniques

- ▶ Fundamentals of golf swing (grip, stance, alignment)
- ▶ Exploring different swing styles (fade, draw) and shot shapes
- ▶ Incorporating video analysis for swing improvement

### 2. Course Management & Strategy

- ▶ Understanding how to analyze a golf course and plan shots accordingly
- ▶ Discussing shot selection based on risk and reward
- ▶ Exploring strategies for handling various course conditions (wind, hazards, slopes)

### 3. Mental Game and Focus

- ▶ Introducing mental strategies for maintaining focus and concentration during a round
- ▶ Discussing visualization techniques to enhance performance



### 4. Specialty Shots

- ▶ Teaching advanced shots such as punch shots, flop shots, and bunker shots
- ▶ Providing tips and techniques for escaping difficult lies and recovery shots
- ▶ Offering troubleshooting strategies for common swing and shot problems

### 5. Mastering Golf Fitness

- ▶ Discussing the importance of physical fitness and flexibility for golf performance
- ▶ Introducing exercises and stretches specifically targeted for golfers
- ▶ Providing guidance on nutrition and hydration for optimal performance

## **6. Rules and Etiquette of Golf**

- ▶ Reviewing the official rules of golf and any recent updates
- ▶ Discussing common etiquette practices on the golf course
- ▶ Addressing specific rules, situations and decisions

## **7. Course Management & Strategy**

- ▶ Exploring the latest advancements in golf equipment and technology.
- ▶ Discussing club fitting and equipment selection based on individual needs.
- ▶ Introducing golf gadgets and training aids to enhance performance and practice sessions.

## **8. Competitive Golf Preparation**

- ▶ Providing guidance on preparing for golf tournaments and competitive play
  - ▶ Discussing tournament formats and scoring systems
  - ▶ Offering strategies for mental preparation and managing nerves during competition
-

# MENTORSHIP AND PUBLIC SPEAKING



## PROPOSED PUBLIC SPEAKING COURSE OUTLINE FOR PRIMARY SCHOOLS



### 1. Intro to Public Speaking

- ▶ Meaning of public speaking
- ▶ Basic public speaking skills
- ▶ Basic skills in public speaking

### 2. Preparing a Speech

- ▶ Choosing a public speaking topic
- ▶ Finding out about the topic
- ▶ Arranging the speech for presentation

### 3. Organizing A Speech

- ▶ Introduction
- ▶ Body: Writing, revising and editing a draft
- ▶ Conclusion



## PROPOSED PUBLIC SPEAKING COURSE OUTLINE FOR JUNIOR SECONDARY SCHOOL

### 1. Introduction to Public Speaking

- ▶ Definition of public speaking
- ▶ Importance of public speaking
- ▶ Qualities of a good public speaker

### 2. Organization and Coordination

- ▶ Understanding the purpose of public speaking and speech writing
- ▶ Organizing ideas for effective public speaking
- ▶ Knowing your audience
- ▶ Delivery techniques
- ▶ Body language and posture

### 3. Techniques and Skills

- ▶ Skills in public speaking
- ▶ Vocal delivery and tone
- ▶ Use of aids in public
- ▶ Mastering the extempore modes of presentation



## PROPOSED PUBLIC SPEAKING COURSE OUTLINE FOR Senior SECONDARY SCHOOL

### 1. Introduction

- ▶ Definition of public speaking
- ▶ Importance of public speaking
- ▶ Public speaking and the choice of career

### 2. Techniques in Speaking

- ▶ Public speaking skills
- ▶ Speech development
- ▶ Content creation in public speaking
- ▶ Delivery technique in public speaking

### 3. Organization and Delivery

- ▶ Public speaking skills
- ▶ Speech development
- ▶ Content creation in public speaking
- ▶ Delivery technique in public speaking

### 4. Types of Speaking

- ▶ Understanding persuasive speaking
- ▶ Informative speaking
- ▶ Developing speaking styles
- ▶ Special occasion speaking
- ▶ Impromptu speaking

FOUNDER / CEO

SUBJECT MATTER  
EXPERTS

COACHES

SECRETARIAT

# Our Team



## DR. JERRY AKUBO

ED/CEO, SCHOOL OF HARDKNOCKS, NIGERIA

FOUNDER / CEO

Jerry Akubo is a Doctor of Emerging Technologies. He is the founder and CEO of Technology Against Crime Africa initiative, a futuristic oriented NGO in Nigeria.

TAC Africa NGO is wholly committed to developing the Africa's Economic and Security space through Digital Specialized Skills and Capacity building for Academia, Law Enforcement Agencies, Government Organizations and individuals by serving as a catalyst through which Emerging Technological solutions could be thought in a structured and easy to learn methodology.

Dr. Jerry Akubo is a Drone Expert, Maritime Survey Expert, and an Intelligence System Support specialist trained by INTERPOL and FBI. He is currently a member of INTERPOL Drone Expert Forum and a host of other international bodies.

Being active in the Law Enforcement domain for over two decades now, he uses the NGO TAC Africa as a medium to give back to the society by expanding and establishing other initiatives i.e. The School of Hardknocks Foundation, Project 774, Drone Safety Initiative, etc.

# OUR SUBJECT MATTER EXPERTS

Some key drivers of this project are our Subject Matter Experts who have contributed actively in no small measure to the success of this initiative. They are professionals who have an advanced knowledge and their competencies have been developed over the years of on-the-job experience and education in their field of expertise.



**SUBJECT MATTER EXPERT**

## **OYEH UGONMA**

PROJECT COORDINATOR / SOCIAL MEDIA CONSULTANT

Ugonma has attended numerous capacity-building engagements both within the country and overseas and its impact is felt in her output volume in line with her expected deliverables.

She has led the team in the realization of numerous deliverables in line with the goals of the School of Hardknocks Foundation. Having executed the marking of the International Drone Safety Day, the International Zero-Waste Day and so many others, Ugonma is also involved in the planning for Project 774 which is expected to positively affect communities across the 774 LGAs in Nigeria.

A good team player and proponent of synergy in realizing organizational goals and objectives, she is passionate about geopolitics, sports, healthy living, global technological advancements, etc.



**SUBJECT MATTER EXPERT**

## **KIND AKUBO**

HEAD - BLOCKCHAIN AND CRYPTOCURRENCY

As a seasoned Crypto and Blockchain Manager, he has a strong passion for driving innovation and creating innovative solutions in the financial sector.

With years of experience in managing cryptocurrency transactions, developing decentralized applications, and leading cross-functional teams, he brings a wealth of knowledge to the table. His expertise in Blockchain technology, digital assets, and smart contracts enables him to navigate the complexities of the industry with ease. He is committed to staying up-to-date with the latest trends and developments in the space while ensuring compliance with regulatory requirements.



## SUBJECT MATTER EXPERT



### **IFEANYI ANYA**

COMMUNICATIONS AND STRATEGY / PROGRAM COORDINATOR

Ifeanyi Anya is the Head of the Dept. for Communication / Program Strategy for TAC Africa / SOHK Nigeria, and has spent his life using his personal and career experiences in pursuit of humanitarian endeavours.

He knows there is no single approach that works for everyone, so he continues to educate himself on emerging trends and innovative solutions to provide the most comprehensive program that works for the actualization of corporate benefits.

He has experience in Banking, Human Resource Management, Therapy, Research Development Analysis, Information Management, etc. He received his education at the African University of Benin (AUB) with a Master's in Human Resource Management and a Doctorate Degree in view (PhD). He also holds a Bachelor's in Library and Information Science (BSc) in Abia State University, Uturu. He is an avid researcher, and his work has been published in several articles in the Nigerian Newspapers.

## SUBJECT MATTER EXPERT



### **BARR. CHARLES OKENWA**

HEAD - LEGAL ADVISOR

Barr. Charles Okenwa, is an Abia State born legal practitioner. He is a law graduate of Abia State University Uturu. He is passionate about human rights advocacy, and justice for the less privileged.

Hence, his drive to study Law. Barr. Okenwa is the principal partner of Medina Law Associate & co., He studied law and graduated from Abia state university in Nigeria. He did the mandatory five years course in the university as part of the requirements to become a lawyer in Nigeria and proceeded to Nigeria law school Kano for the final one-year professional training program where he was awarded his bachelor's law degree and license to practice in Nigeria in the year 2013. Upon his graduation, he did an internship with various law firms to gain experience in the business of law for three years before I set up my law office (chamber) with my colleague as an associate.

This training and several others greatly propelled his desire to establish a Non- governmental organization in the year 2020 by the name Daddy's house foundation for the less privileged with the sole objectives of the reform of the criminal justice system in Africa.

## SUBJECT MATTER EXPERT



### **TOBI RICHARD SANGOTOLA**

DRONE PILOT / VISUAL ARTIST

He is a result-driven and a professional with solid background and 2 + years' experience in drone flight, photogrammetry, aerial surveillance consulting and project management.

Deployed and Operated DJI Mini 2 and Mavic Air drones for various commercial projects, including Estates, Events coverage, Aerial photography, Documentary and Construction site surveys.

Utilized Lightroom and Premiere Pro software to edit and enhance aerial photos and videos, resulting in 100% client satisfaction. Conducted basic training for a few of my crew members on drone operations, footage gathering for documentaries etc

2 years experience as a Drone pilot.

## SUBJECT MATTER EXPERT



### **AMB. VICTOR ATEWE**

MEDIA / PUBLIC RELATIONS

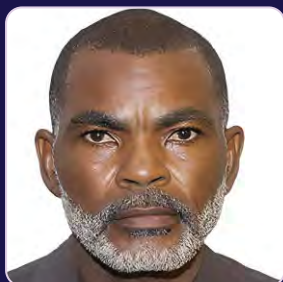
Amb. Victor Atewe is the CEO of Vikprince Multimedia Production Limited an all-in-one multimedia company birthed in the year 2014 with over 17 years of vast experience in the Tele-media Industry.

He successfully handled National and International media projects ranging from Democracy Heroes Awards 2017, 2018, 2019 and 2020, COREN Awards and Dinner 2018, Nigerian Teen Choice Awards, 3D Animation Content Creator for Advocacy for women with disability in partnership with USAID & Canada Aid, Media Consultant for Nigerian Lottery Trust Fund (NLTF), Euro Scholar Poland amongst other.

Victor Atewe has over the years, through hard work and research earned itself the capacity to deliver service in line with the international best practices in media, public relations, and the Events industry, working to deliver our client's expectations.

# OUR COACHES

Our Coaches are high quality and experienced professionals who have made a name for themselves in their field of expertise. They know that the secret to living is giving and that true fulfillment only comes from helping others. They are inspiring, knowledgeable and passionate about helping children in particular achieve their full potential.



## ADAMU EKPA SADA

TEAKWONDO AND KARATE TRAINER

Adamu Ekpa Sada, aka Ti - Long, a grand master in Taekwondo and karate, boasts an impressive 22-year journey in martial arts. He honed his skills at the renowned Nigerian Defence Academy, Kaduna.

Trained under Local and International Coaches, a local, National & International black belter, a Gold / Silver Medalist. Adamu's profound impact on numerous individuals, both Nigerian and foreign, is testament to his exceptional teaching abilities.

Formerly Serving as an instructor at the Abuja Sports Council and, being a valued member of the Shotokan Karate - Do International Federation (SKIF), also affiliated to Nigeria Taekwondo Federation (NTF), further exemplify his dedication and expertise. With an illustrious career, Adamu Ekpa Sada (Ti - Long) continues to inspire and empower others through the realm of martial arts.

COACHES



## GLORIA UGOLEE- EHIOSUN

GIRL CHILD ADVOCATE & MENTOR

Gloria Ugolee- Ehiosun, a mother, a filmmaker, and a girl-child advocate. Alumni of the US white house Initiative Academy for Women Entrepreneurs, a graduate from 3 renowned film schools with multiple awards.

She has taken part in Hallmark productions like the BBC "Wetin de", The Xfactor reality show, Nija got talent, The Making of a Chef, The Nisal Radio drama, The Gist" television talk show the Integrity Icons Nigeria, and a host of Impact short stories that has influenced positive behavioral changes in the society.

In her spare time, she volunteers to work with kids at the IDP camps giving them education and hope and teaches script writing at secondary schools to help the kids tell their stories and use content to solve issues they face like bullying and teenage pregnancy.

COACHES

## COACHES



### **SIMON ODOMA ADEMU**

EDUCATIONAL COACH / MENTOR

He is an avid and passionate Educator, life coach, strategic trainer, motivational speaker and a renowned educational consultant with over ten years of result-oriented experience.

He is a Cambridge and Harvard Certified educator. Mr. Simon, as learners fondly call him is also a certified trainer by the British Council Partner Schools Network. Simon believes that every learner is endowed with great potential to excel beyond every imagination. He collaborates with various schools and organizations of international repute in Nigeria and abroad while adopting the 21st century innovative approach to learning.

## COACHES



### **ETIMBUK OBOHOSO**

TENNIS COACH

He is a dedicated and Creative Sports Entrepreneur, a Second-Class upper division graduate of Physical Education, and holder of Diploma in Physical Education and Sports Studies, both in the University of Uyo.

He is the CEO of Eti Sports Pro. Etimbuk is thriving to be a global Sports business guru, he believes black belter, a Gold / Silver Medalist. Adamu's profound impact on numerous individuals, both Nigerian and foreign, is testament to his exceptional teaching abilities. He's a rare change actor that the world needs. The one-time president of Akwa Ibom State Students, is so optimistic and intentional in good leadership, as a leader he subscribes to the ideology that one day a better leadership shall saddle in the Nigerian governance system.

## COACHES



### **TEGA DAVID IGBRU**

Artificial Intelligence & Blockchain

He began his career as an entrepreneur in 1997, and has served as CEO at Tegbrus International. He has 26 years' experience in business and 9 years' experience in business coaching and consulting.

He has developed programs such as 'save and shop free" and Creative imagination Mathematics (CI Maths). As a skilled speaker, motivator and psychologist, he has trained and lead leaders in emotional intelligence development programs. As a resource person and coach, he has trained and supervised teams of several NGO's and marketing groups over the past decades. He is an advocate of education and a student of life. He is a professional communicator and teacher, a life coach and entrepreneur.

# THE SECRETARIAT

We have a hardworking and dedicated team who are working behind the scenes and ensures that this project comes to fruition. This includes ideating, administrating, designing, proofreading, over seeing, and other secretarial duties. They are experienced in different fields of study and have contributed immensely to the birth of this initiative.



## MARK SAIKI

GENERAL MANAGER, TAC HQ

Mr. Mark brings over 15 years of experience from both private and public sectors in Nigeria. Before joining our team, he worked with the National Commission for Museums and Movements Group.

FCMB, Nigeria Employers Consultative Group, among others. He is a member of Nigeria Institute of Management, Rotary International, and has served as vice president, president at a co-chair district polio eradication.

SECRETARIAT



## JAHSWILL EMMANUEL

SENIOR GRAPHICS DESIGNER / MANAGER - SOHK & TAC HUB

Jahswill is a highly skilled graphic designer with 7 years of experience in the industry. He specializes in creating visually stunning and effective designs for SOHK, TAC Africa, and a wide range of businesses.

His expertise includes but is not limited to logo design, branding, print design, web design, and social media graphics. He has a keen eye for detail, a strong sense of creativity, and a passion for delivering high-quality work that exceeds his client's expectations. His design process involves collaborating closely with his clients to understand their unique needs and preferences. He strives to create designs that are not only aesthetically pleasing but also communicate the intended message clearly and effectively.

SECRETARIAT



## **IBRAHIM ALI**

UAV, DRONE EXPERT

**SECRETARIAT**

He is an Expert in UAV/ Drone technology. He has been employed with Technology Against Crime Africa (TAC-AFRICA) for more than four years. He oversees and manages all technical operations and maintenance using his professional expertise in IT.



## **OIZA EMMANUEL**

CONTENT CREATOR / SOCIAL MEDIA MANAGER

**SECRETARIAT**

Oiza Goodness Emmanuel is a content writer, and Social Media Manager. With a degree in International Relations and Diplomacy, she is passionate, and reliable with remarkable organization and communication skills.

She reads over drafts, generates content and determines which ones make the final cut for publication. She also cross-references citations in contents, to ensure accuracy and formats the final product in a way consistent with the rest of the content on our blog and web pages.



## **SALAU UMAR**

JUNIOR GRAPHICS DESIGNER

**SECRETARIAT**

He is a graphic designer, and also a front-end web developer in practice. He is proficient with multiple visual programs and familiar with layout and graphic fundamentals.

Umar's responsibility is to assist in completing all types of work that are related to graphic design and website content. And he also manages the company's social media accounts

